

District 8 Meeting Minutes June 17th, 2024

Non-AA or Non-District Announcements

Serenity Prayer

Welcome New GSR's / Alternate GSR's

❖ Agenda

- Wes Y. moved to approve Agenda
- Jessica Z. seconded
 - Motion Passed

Officer Reports

❖ Secretary's Report – Todd H.

Good evening District 8!

My wife is under the weather this evening, so I am going to stay back in support. Kyle has graciously offered to read reports and record motions and seconds for me. Nothing really to report this month. Please let me know of any changes (if there are any) to the meeting minutes from last month.

Yours in Love and Service,

Todd Hesseltine District 8 Secretary

- Linn M. moved to approve Secretary Report
- Les P. seconded
 - ◆ Motion Passed

❖ Treasurer's Report - Alissa N.

Greetings District 8,

Here is the treasurer's report for the month of June 2024.

For May, our starting balance for this reporting period was \$1,804.25.

Total debits for the month amounted to \$418.16 which included Answer Iowa for \$235.40, Century Link for

\$42.61, Dreamhost for \$5, \$23.43 for archives reimbursement to Lynn M and \$111.72 to the DCM for gas and food for recent conference.

Total deposits for the month amounted to \$1,398 from 12 group contributions.

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Our ending balance is \$2,784.09.

Our prudent reserve is \$1,500.00 which leaves us an available balance of \$1,284.09.

Our literature account has a balance of \$323.90.

19 of 75 Groups in District 8 (19%) have contributed to our District fund in FY24.

By the Big Book

Center Point AA group

Early Birds Upstairs Zoom

For Those Who Want It

Friday Night Hope Group

Full Measures

Happy Hour Group

Hillside

Kenwood

Marion Friday Night

Mercy Group

Monday Night Last Call

Neighborly Group

New Beginnings

Sunday Morning Breakfast

The Way Out

West Highlands

Women Into Action

Women's Fellowship Club

Thank you for the opportunity to be of service,

Alissa N

District 8 Treasurer

- Wes Y. moved to approve Treasurer's Report
- Mark S. seconded
- ◆ Motion Passed

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❖ Alternate DCM Report - Josh H.

Hello District 8,

Last month's meeting attendance was 43 total, with 27 Groups represented, and 13 service chairs in attendance.

Everyone please be sure to sign in. The sign in sheet is located by the door on the table with the announcements.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists.

I am forwarding new meeting information to our District Technology Chair so they can keep our meeting list updated on the District 8 website. I am also forwarding all meeting / group change information to the Area 24

Alternate Delegate to keep the Area meeting list updated.

Please take a moment to check the Area 24 website's meeting list, the District 8 website's meeting list, and District 8's printable meeting list for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

In Service,

Josh H.
Alternate DCM
District 8
altdcm@aa-cedarrapids.org
402.309.9850

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❖ DCM Report - Kyle T.

Greetings District 8

Since we last met, I contacted Chad S. and our Delegate (Julie S.) and have scheduled the delegate report picnic. There is a flier on the front table with all the details.

I attended the meeting of The Committee Looking Into the Division of District 8. We have a report and a motion that will be shared after the District 8 Chair Reports.

I attended the Area 24 Spring Conference this past weekend. As soon as minutes from the conference are available, I will send them to the District 8 Secretary to email to the body.

Lastly, in 2026 it is Area 24's turn to host The West Central Regional AA Service Conference. Everyone on the email list should have received a forwarded email from Julie with the details. She will be choosing the site of the conference by August of this year. We will address the details and gauge interest in forming a committee to hold the conference in Cedar Rapids in New Business.

In Service,

Kyle Taylor
District 8 DCM
Cell: (319) 651-7765
Email: dcm@aa-cedarrapids.org

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Delegate Correspondence

Good morning, family,

I wanted to apologize to everyone for needing to our DCM sharing session Friday night. My favorite part of the conference is spending time with you, and I look forward to meeting with you all in October.

Thank you to the notetaker at the DCM Sharing Session! I have loved reviewing your topic ideas! I know there were no "questions", but I wanted to share my thoughts on some, and I will use some as part of the sharing session in October.

Topic: How to Get People Involved? My introduction to service was through service committee meetings. At that time, most committee chairs (CPC, Treatment, Corrections, etc.) would hold a monthly committee meeting (often at one of the clubs, right after a regular meeting), and it caught my interest. They would talk about the different service opportunities, and many, because people were partnered with someone, were perfect for a newbie. I started going to detox at the hospital and then the treatment centers. Every committee needs a healthy rotation of committee members, and these are perfect for the newer person.

I really appreciated the discussion on:

- District Chairs attending groups and giving brief presentations or larger service workshops.
- All members can be in service!
- Having past DCMs be voting members at the District,
- Rotating district meetings
- Sending hybrid reps to other groups

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- Ensuring we get together for fun!
- Our Service Manual also suggests using an LCM or local committee member(s) whose job it is to go to groups and educate and talk about service, GSR participation, and the District, Area, and GSO.
- Presentations about the service structure at well-attended meetings.
- I know there was much more! Thank you for your wonderful thoughts.

PLEASE let me know if you have questions or comments on anything! I am happy to help sort it out with you!

I've attached flyers for the Virtual Delegate Report this Sunday and the Mini-Workshops scheduled this summer. I am also happy to help your group or District complete an agenda item if you wish. Please let me know if there are specific topics you would like a workshop on. The open-forum workshops are for any topics you want to discuss or get more information on.

Yours in love and service,

Julie K. Shaw

Area 24 Delegate

Panel 73

area24.delegate@aa-iowa.org

(319)721-4056

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Service Chair Reports.

❖ Corrections - Al G.

May correctional report

We still meeting at Anamosa reformatory (Tuesday at 4:00pm). Requirement are: You have to do a 90 minute training at prison and prea yearly to attend meetings. They will notify you with a letter about training. You will need to notify Alan Garlow at (319)202-8321 to get on a list at the time. You can call Alan Garlow at (319)202-8321 for application or send a message to amy.christianson@iowa.gov to requests an application via hyper link by email. WE NEED TO HAVE VOLUNTEERS.

Any male is welcome to attend the meeting at 6:00am Thursday Wentzle Center. David and Karla reported jail doing well. Karla could use more women . Requirement need 2 years sobriety, sponsored, and worked the 12 steps. You can get hold of Karla Work shop is 6/29/24 1 to 4"30 at fellowship club. I notified the people I wanted to share for the day. He need to talk David G. I invited the area correctional chair to workshop and attending.

I attended the spring conference and the correctional work shop. They need pink can support and prerelease forms are not use and will be fill in form on computer. I summited ½ the mileage for reimbursement .

I still need to get to Vinton before end of June to meet the Chaplin and got to jail to discussed requirements volunteer to get meeting going.

Yours in service;

Alan Garlow (district 8 correctional chair.)

❖ Grapevine - Jean R.

If you are interested in writing a story for AAGrapevine. The 2025 Grapevine Editorial Calendar is now available at AAGrapevine.org.

Go to the 3 dash's on your phone click on "Get Involved" then scroll down to find submit a story to review the 2025 Grapevine Editorial Calendar and to submit a story.

Attached to the bottom of my report is a PDF copy of the Calendar.

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Till the end of June, subscribe to Grapevine and receive a free copy of “Spiritual Awakenings” with your paid order!

I attended the Area 24 conference online on 6/15/24.

Office lease for GSO and the Grapevine expire in December 2025.

Lease negotiations at 475 Riverside has resulted in favorable numbers.

They will reduce occupancy on the 8th and 11th floor to just the 11th Floor for the GV & AA. The letter of intent was signed for the new lease. The new lease is for 10 years.

Grapevine Finances are down due to the creation of the AAGV App, plan to turn a corner in to break even in 2025.

Thank you for allowing me to be of service to District 8.

Jean R., D8 GV Chair

❖ CPC- Jeff B.

Hello District 8:

The CPC Committee met on Thursday, May 30, 2024 in the basement of the Fellowship Club. Present were myself, Kristin H., Jim B., and John R. We continued to prepare for the District 8 Fall 2024 CPC Workshop, which will be held September 20, 2024 at 1:00p.m. at the public library. John R. drafted a flier, and we roughed out a list of groups we want to reach out to and to make aware of the Workshop. Since our meeting, Frank N. has agreed to participate on our Workshop panel.

The next meeting of the CPC Committee will be Saturday June 22, 2024 at 10:00 a.m. in the basement of the Fellowship Club.

Yours in Service,

Jeff B.

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❖ Archives - Lynn M.

Hello Everyone in Service!!

1) Group History forms available on table. More Group History information also available.

Archives info. also available at
aa-cedarrapids.org.

2) 27th Annual AA Archives Workshop. Sept 26-29, 2024
NAAAW.org. Dave G. is our in-person contact.

3) We sort and organize Archives Fridays at 9'ish PM (after Unity Group at Marion Industrial Club.

4) Always in search of Group info: fliers, Histories and other cool stuff!

5) Attended the rousing Archive workshop at the Conference.

A) 3 questions:

a) Where was Bill W. born?

East Dorset, Vermont

b) Name of street in Akron where Dr. Bob's house is?

Ardmore

c) State Dr. Bob born?

Vermont

B) March 1st 1943 Jack Alexander's 1st article in Saturday Evening Post. 1950 2nd article "The Drunkard's Best Friend".

C) Hank Parkhurst from Marion, IA instrumental in getting the BB published. Also wrote "To Employers". Died in 1939.

D) Recoveryspeakers.com contains AA history.

E) Gave Area 24 Archives Chair a copy of " Short History of AA in Cedar Rapids.

Thank you for your attention!

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In Love and Service, Lynn M.

3194314855

archives@aa-cedarrapids.org

lynnm1988@gmail.com

❖ Tech Chair - Dave G.

No report submitted.

❖ Treatment - Jeremy M.

No updates for treatment this month, just a reminder about the corrections/treatment workshop Saturday the 29th from 1-4:30 @ the Fellowship Club.

Thank you!

Jeremy

❖ Public Information - Mark S.

- Nothing to report, next PI committee meeting will be June 25th 5:30 pm Fellowship Club upstairs

❖ Newsletter - Diane N.

June's newsletter was sent out at the beginning of this month and July's is almost done. Thank you to those who've submitted articles and ideas thus far. Feel free to share your ideas and articles for upcoming editions at the below email. I'd like to remind the GSRs to continue forwarding and/or printing the newsletter in order to be shared with your group(s). Thank you for allowing me to be of service in this manner.

In Service,

Diane N

Newsletter Chair

newsletter@aa-cedarrapids.org

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❖ Literature - Claude M.

June 2024 Literature Report

Good Evening To All I have attached a copy of the current inventory. Also an inventory list of the pamphlets on hand. Sales for last month were \$221.00. total purchases were \$558.36 you will notice the large increase in the number of Big Books on hand. Plans are going ahead on the printing of a plain language Big Book. I will follow-up with additional information as it comes to me. There is currently \$323.90 in the Literature account.

Thank You Claude

Email - literature@aa-cedarrapids.org - cmills7218@aol.com

Cell 319-693-9487

❖ Report from Committee Looking Into the Division of District 8 - Wes Y.

Unfinished Business

❖ None

New Business

❖ Wes Y. moves that District 8 form a standing outreach committee and that the DCM be a member of the committee.

➤ Linn M. seconded

■ John R. moves to amend the motion to include reimbursement for mileage

■ Josh H. seconds

- Motion to amend failed
- Original motion passed

❖ Volunteers to get supplies for the Delegate Report Picnic

➤ Plates, napkins, utensils, condiments etc.

- Wes Y.
- Claude M.

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- Angie S.

- ❖ Volunteers interested in forming a bid for the 2026 WCRAASC to be held in Cedar Rapids
 - Al.G
 - Linn M.
 - Jess Z.
 - Emily O.
 - Josh H.
 - Wes Y.
 - Dave G.
 - Kyle T.

Group Reports

- ❖ The Sunday Morning Breakfast Meeting meets at 225 35th St, Marion in the basement of the Industrial Club at 8:30 am, every Sunday Morning! We read from the whole Big Book and have an average attendance of 20 alcoholics per week with a wide range of sobriety, age and background.

Upcoming Anniversaries:

- July 7th:
 - Shane L 14 yrs
 - Mindi and Jared 1 yr

In love and service,

Jesseca Z GSR

- ❖ Greetings District 8. I'm GSR of Women's Fellowship group. We meet at noon on Saturdays at Fellowship club. We are a closed group. We have a speaker the last Saturday of the month. This month is Megan and it will be an open meeting.

We have several AA anniversaries this month. Katrina with 2 years, Luanna with 10, Cindy T with 27, and myself with 36.

We will be having our group's Anniversary celebration on August 17th. Kelly A will be our speaker. There will be plenty of food. It is from noon to 2pm. Flyers are on the table.

Yours in service, Candie Junkins.

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Upcoming District 8 – Area 24 Events

❖ District 8 Treatment & Corrections Workshop

- Saturday June 29, 2024 from 1:00 – 4:30
 - Fellowship Club, 3224 1st Ave NE, Cedar Rapids, IA 52402

❖ Delegate Report Picnic

- Saturday June 29
 - Ellis Park Lakeview Pavilion, 2250 Ellis Blvd NW, Cedar Rapids, IA 52405.
 - Join Area 24 Delegate, Julie S, for her report on the 74th General Service Conference. Fellowship starts at 4:30 pm with dinner at 5:30 followed by her report at 6:30 pm.

❖ Next District Meeting

- Monday July 15th, 2024 @ 7PM
 - Unity Center of Cedar Rapids

❖ WORKSHOP – Twelve Concepts of AA

- Saturday, August 24, 2024 from 12:00 to 4:30 pm in the
 - Fellowship Club Auditorium, 3224 1st Ave NE, Cedar Rapids, IA 52402

❖ District 8 Elections – September 16th (District Business Meeting)

- Monday, September 16th, 2024 @ 7PM
 - Unity Center of Cedar Rapids

Concept 6 - Jeff B.

Concept 7 - Cheryl T.

Greeters - Wes Y. Josh H. and Scott T.

Adjourn

Wes Y. moves to adjourn

Josh H. seconded

Closing Prayer