

Iowa 8th District
Box 10722
Cedar Rapids, Iowa 52410-0722
www.aa-cedar-rapids.org

Area 24
Box 1291
Des Moines, Iowa 50305
www.aa-iowa.org

General Service Office
Box 459, Grand Central Station
New York, New York 10163
www.alcoholics-anonymous.org

DISTRICT 8 MEETING MINUTES

May 20, 2024

The meeting was called to order @ 7:00 PM by DCM (Kyle T.)

Non-AA / Non-District Announcements

- N/A

The Serenity Prayer

Welcome New GSRs / Alt GSRs

- Andrew from Last Call
- Brandi R. from Women Into Action
- Emilee G. from Sisters in Sobriety

The Agenda

- The body accepted the agenda for tonight and I apologize for missing who made the motion to accept and who provided the 2nd.

OFFICER REPORTS

Secretary – Todd H (secretary@aa-cedar-rapids.org)

- Wes Y. moves to approve the Agenda
 - ✓ Motion seconded by Al G.
 - ✓ Motion adopted

Good evening District 8!

Nothing new to report this month. Please let me know if you find any discrepancies in last month's meeting minutes or if anyone desires to be added or removed from the District email list. Thank you for allowing me to serve in this capacity!!

Yours in Love and Service,
Todd H (319) 310-2730

Treasurer – Alissa N. (treasurer@aa-cedar-rapids.org)

- Report below and Spreadsheet attached to email
- Lynn M. moves to approve the Agenda
 - ✓ Motion seconded by Mark S.
 - ✓ Motion adopted

Greetings District 8,
Here is the treasurer's report for the month of May 2024.
For May, our starting balance for this reporting period was \$2,303.07.
Total debits for the month amounted to \$595.34. Answer Iowa had two debits for April and May in this period,

totaling \$483.64, Century link was paid \$40.70, Dreamhost for website \$5, DCM \$62.00 for Spring Conference registration and lodging and \$4 to tech chair for copies.

Total deposits for the month amounted to \$230.00 from 2 group contributions.

Our ending balance is \$1,937.73.

Our prudent reserve is \$1,500.00 which leaves us an available balance of \$437.73.

Our literature account has a balance of \$1,184.96.

I would note checks were received for group contributions that were mobile deposited today prior to doing report. They will be reflected financially next month but groups are noted below.

14 of 75 Groups in District 8 (19%) have contributed to our District fund in FY24.

Friday Night Hope

Full Measures

Last Call

Marion Friday Night

Mercy Group

New Beginnings

Sunday Morning Breakfast

West Highlands

Women Into Action

Women's Fellowship Club

Happy Hour

By the Big Book

EBUZ

Neighborly Group

Thank you for the opportunity to be of service,

Alissa N

District 8 Treasurer

Alternate DCM – Josh H (altdcm@aa-cedarrapids.org)

Hello District 8,

Last month's meeting attendance was 38 total, with 25 Groups represented, and 8 service chairs in attendance. Thank you Kyle, for covering me during my absence.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists.

I am forwarding new meeting information to our District Technology Chair so they can keep our meeting list updated on the District 8 website. I am also forwarding all meeting / group change information to the Area 24 Alternate Delegate to keep the Area meeting list updated.

Please take a moment to check the Area 24 meeting list, the District website's meeting list, and District 8's printable meeting list for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

In Service,

Josh H.
Alternate DCM
District 8
altdcm@aa-cedarapids.org
402.309.9850

DCM – Kyle T (dcm@aa-cedarapids.org)

Greetings District 8

I have temporarily put my tour of all listed meetings in District 8 on hold, anxiously awaiting the instructions of the committee formed to look into the division of District 8. I have not attended any new meetings or events since we met last.

If anyone would like for me to attend your homegroup, please let me know.

In Service,

Kyle Taylor
District 8 DCM
Cell: (319) 651-7765
Email: dcm@aa-cedarapids.org

COMMITTEE CHAIR REPORTS

Grapevine – Jean R (grapevine@aa-cedarapids.org)

May 2024 Grapevine Report
In the month of May:

30 Grapevine Magazines were delivered to:
Access Center Sober Unit
501 13th Street NW
Cedar Rapids IA 52405

35 Grapevines were delivered to:
Deb & Rod Crush representatives during the May 11th Alcoholism & Mental Health Workshop held at the Fellowship Club.

15 Grapevines were delivered to the Nelson Center and 15 Grapevines were delivered to the Heart of Iowa by EBUZ members Amy N. & Rachel L.D.

Grapevine: Current Issue Spotlight:
This month's issue is "Happy Birthday Grapevine!" To celebrate the magazine's 80th anniversary, this month the Grapevine is featuring powerful stories by AA members about how much Grapevine has meant to them.

Grapevine wants you to submit your story!

Here's Some Upcoming Topics...

Remote Communities — Do you live far from AA meetings? Are you a Loner? Stationed far away? Do you have a language or cultural barrier? Are you homebound? Do you use online meetings? Is it difficult to find AA meetings where you live? Tell us how you stay sober. Are you involved in Remote Communities service? (stories due June 15, 2024)

Spiritual Awakenings — Share your personal journey with Step Two! How did you find your Higher Power? Did you struggle with Step Two? What helped you? (stories due June 15, 2024)

Long-time Members — Let's hear from our oldtimers! What was AA like when you came in? What have you learned over the years? What have been your challenges and joys? (stories due July 15, 2024)

More upcoming topics: LGBTQ+, Atheist/Agnostic, Fun in Sobriety, Technology in AA!

Important: We're looking for stories of experience with each Step and each Tradition! We also need your jokes!

Our Twelve Steps

A brand-new collection of stories from AA members about the joys and challenges of working the program's Twelve Steps of Recovery. Each chapter illuminates a different Step through the experiences of a wide variety of AA members. This volume features all-new, up-to-date stories from the pages of Grapevine, the International Journal of Alcoholics Anonymous. Great for sponsees and AA Step meetings. (Price is \$13.49)

Thank you for the opportunity to serve District 8.

Jean R., D8 GV Chair

Cooperation with the Professional Community – Jeff B (cpc@aa-cedar Rapids.org)

Good Evening District 8:

On May 4, 2024, the CPC Committee met at the Fellowship club to discuss preparation of the 2024 Fall 2024 District 8 CPC Seminar. In attendance were myself, Jim B., Kristin H., and John R. We decided to hold the seminar on September 20 at 1:00 p.m. at the Cedar Rapids Public Library. We discussed the format of the seminar, which is expected to include an AA Speaker, an AI Anon Speaker, one or more non-affiliated speakers who can speak on their experience with AA, and a panel discussion. The non-affiliated speakers include one or more judges who have encountered AA in their professional lives and witnessed the AA working in the lives of people. Our next meeting will be held on Thursday May 30 at 7:00 p.m. in the Fellowship club basement. We hope to have a draft of a flyer to distribute soon.

Yours in service,

Jeff B.

Archives – Lynn M (archives@aa-cedar Rapids.org)

Hello Everyone in Service!!

As not to use up your time and mine, this will be short.

- 1) I have copies of a) Short History of AA in Cedar Rapids
b) Group History forms
c) Suggestions for writing Group Histories
d) Researching AA Group Histories
e) Groups that have Group Histories in Archives as of 1pm today 5-20-24
Forms available at aa-cedar Rapids.org.

- 2) 27th Annual AA Archives Workshop. Sept 26-29, 2024
Des Moines, IA NAAAW.org
Dave G. is our in-person contact.

- 3) Archives people meet Fridays
at 9pm at the Marion Industrial Club. After the Friday Night Unity Group at 8pm.

4) Always in search of Group info, fliers, histories and other cool stuff!!

Thank you for your interest and support!!

In Love and Service, Lynn M.
319-431-4855.
archives@aa-cedarapids.org
lynm1988@gmail.com

Tech Chair – Dave G (tech@aa-cedarapids.org)

The tech committee met by Zoom on Monday, May 13, 2024 at 7 pm. Present were Dave G., Jess Z., and Al R. There were no requests for our committee to assist with Zoom meetings since last month.

The Marion Midweek meeting is appearing twice on mobile devices and we have been unable to correct this. We have asked Meeting Guide Support for help, but do not have a timeline for resolution.

Meeting Guide App Update: Meeting Guide Version 4.2.1 was released in April 2024. This release includes a new maps feature for in-person meetings and support for additional language types. The maps feature can be accessed from the main meeting list by selecting the icon in the top right corner.

These flyers or reports were added to the website this month: the April district newsletter, the updated August 24 Concepts Workshop flyer, the June 7-10 Foxhall in the Forest flyer, the corrected April meeting minutes and treasurer's report, the corrected March treasurer's report, the 808 Group Anniversary flyer and the new corrections flyer. All expired events and flyers were removed, including the treatment flyer, which had become outdated.

If you want new information posted then please submit it to me and it will be posted, even if you don't have a flyer. At this time the only flyer under service opportunities on our web page is the corrections flyer.

Our website had 535 distinct users in the past 30 days, up from 505 last month.

We will continue to upgrade the website and strive to make it as accessible and up to date as possible. Please continue to give me any updates of upcoming events so I can place them on our website. If you see any errors or improvements that need to be made with the website, please direct them to me.

In my capacity as tech committee chair, please let me know if there is anything I can do to help you.

Our next District 8 Tech Committee meeting will be Monday, June 10, 2024 at 7 pm by Zoom.

Respectfully submitted,

Dave G.

District 8 Tech Chair / Webservant
tech@aa-cedarapids.org

Treatment – Jeremy M (treatment@aa-cedarapids.org)

Hello District 8,

Only update for this month is that District 8 Treatment & Corrections will be hosting a workshop on June 29th from 1-4:30 at the Fellowship Club. For more information, please reach out to myself or Al. Everyone who is either interested, or currently active, in these areas is encouraged to attend.

Thank you,

Jeremy

Public Information – Mark S (pi@aa-cedarrapids.org)

Gave a verbal report.

Newsletter – Diane N (newsletter@aa-cedarrapids.org)

I can't be I attendance at the district mtg tonight. This months newsletter will go out this week. If anyone has any input, I'm always open to receiving it. Thanks to those who submit articles, ideas and the GSRs for getting this out to the groups.

In service,
Diane

Updated report Tuesday May 21, 2024:

“Please find the May 2024 AA District 8 Newsletter attached. Forward and post as you see fit. Don't hesitate to share any ideas for future articles. Thank you.

In Service,
Diane N
District 8 Newsletter Chair”

Literature – Claude M (literature@aa-cedarrapids.org)

Good Evening To All

I have attached a copy of the current inventory and a copy of an email from from World Services. Sales for last month were \$696.00. total purchases were \$780.09.

Thank You
Claude
email-literature@aa-cedarrapids.org
cmills7218@aol.org
cae 319-693-9487

Corrections – Al G (corrections@aa-cedarrapids.org)

May correctional report

We still meeting at Anamosa reformatory (Tuesday at 4:00pm). Requirement are: You have to do a 90 minute training at prison and prea yearly to attend meetings. They will notify you with a letter about training. You will need to notify Alan Garlow at (319)202-8321 to get on a list at the time. You can call Alan Garlow at (319)202-8321 for application or send a message to amy.christianson@iowa.gov to requests an application via hyper link by email. WE NEED TO HAVE VOLUNTEERS.

Any male is welcome to attend the meeting at 6:00am Thursday Wentzle Center. David reported jail doing well and He could use outside support. Karla reported the women jail meeting is going well. She could use more. Requirement need 2 years sobriety, sponsored, and worked the 12 steps. You can get hold of Karla
Work shop is 6/29/24 1 to 5 at fellowship club . I have a schedule set for what I want to cover on my side .still need to talk with Karla

B and David G. Im planning to get up to Vinton before end of May to meet the Chaplin for we can go to the jail to discussed requirements volunteer to get meeting going .

Yours in service;

Alan Garlow (district 8 correctional chair.)

Report from Committee looking into the Division of District 8 – Wes Y.

UNFINISHED BUSINESS

- N/A

NEW BUSINESS

- Todd H. moved that Kyle ask Julie S. (Area 24 Delegate) to give District 8 a report of this year General Service Conference at a picnic sometime this summer.
 - ✓ Motion seconded by Josh H.
 - ✓ Motion passed.

GROUP REPORTS

- Several groups gave verbal reports
- Good evening, Everybody! My name is Kristin and I am an alcoholic. I am the GSR for Kenwood Group. We meet Tuesday nights at 8pm at Kenwood Church on 34th St. NE, about a 1/2 block off 1st Ave., and about a block from the Fellowship Club. We hold our business meetings quarterly with our next meeting being Tuesday, July 30th at 7 pm at Kenwood Church.
 - ✓ Kenwood Group raffles A.A.-approved literature the last Tuesday of every month. Last month our lucky winner received a one-year subscription of The Grapevine. Winner's Choice is the offering at the end of this month.

We have gained 2 new amazing members to our group, Mike Z. and Mark W. If you haven't met them, tomorrow night would be an excellent time to meet them or, if you have, come get reacquainted.

Upcoming Anniversaries:

Mike Z (5-27-03)

Jim G (6-28-22)

Kevin S (7-17-12)

Please join us!

In Service,

Kristin

- Im Jesseca Im an alcoholic, gsr for the Sunday Morning Breakfast Meeting!! This is a closed meeting with a big book reading and discussion. By group conscience we have an open ended timeframe, the meeting starts at 8:30am at the Marion Industrial Club and we dont end until everyone has had a chance to share. The last sunday of the month is an open meeting. We have an average attendance of 25 alcoholics.
 - ✓ Last Sunday we celebrated 2 anniversaries!
Sally got her 24 yr chip and Keith got his 23 year chip!

In love and service,

Jess Z

- Unity Group 8 pm @Industrial Club
 - ✓ Friday, May 31st, Jerry M. will be celebrating 38 yrs. There will be cake!

Upcoming Events

- Next District Meetings:
 - ✓ June 17, 2024@ 7 PM (Regular Business Meeting)
Unity Center of Cedar Rapids
3791 Blairs Ferry Rd NE
Cedar Rapids, IA 52402
- 2024 Area 24 Spring Conference
 - ✓ June 14–16, 2024
Dordt University
700 7th St NE
Sioux Center, IA 51250

Concept V (Alissa N.)

Short Form: Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

Long Form: Throughout our world service structure, a traditional “Right of Appeal” ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.

Next Meeting: Concept VI (Jeff B.)

Short Form: The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

Long Form: On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.

Adjournment

- DCM adjourned the meeting @ 7:55 PM

Greeter(s) for next Month

- Wayne S., Susan B.

Closing

- Closed with the Lord’s Prayer

Next District 8 Business Meeting

- Next District Meetings:
 - ✓ June 17, 2024@ 7 PM (Regular Business Meeting)
Unity Center of Cedar Rapids
3791 Blairs Ferry Rd NE
Cedar Rapids, IA 52402