

**Iowa 8th District**  
Box 10722  
Cedar Rapids, Iowa 52410-0722  
[www.aa-cedarrapids.org](http://www.aa-cedarrapids.org)

**Area 24**  
Box 1291  
Des Moines, Iowa 50305  
[www.aa-iowa.org](http://www.aa-iowa.org)

**General Service Office**  
Box 459, Grand Central Station  
New York, New York 10163  
[www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)

## **DISTRICT 8 MEETING MINUTES**

### **August 19, 2024**

The meeting was called to order @ 7:00 PM by DCM (Kyle T.)

#### **Non-AA / Non-District Announcements**

- ??

#### **The Serenity Prayer**

#### **Welcome New GSRs / Alt GSRs**

- ??

#### **The Agenda**

- ?? moved to approve the Agenda
  - ✓ Motion seconded by ??.
  - ✓ Motion adopted

### **OFFICER REPORTS**

#### **Secretary – Todd H ([secretary@aa-cedarrapids.org](mailto:secretary@aa-cedarrapids.org))**

Good evening District 8!

Nothing new to report this month. Please let me know if you find any discrepancies in last month's meeting minutes or if anyone desires to be added or removed from the District email list. Thank you for allowing me to serve in this capacity!!

Yours in Love and Service,  
Todd H (319) 310-2730

- Lynn M. moves to approve June's meeting's minutes
  - ✓ Motion seconded by Al G.
  - ✓ Motion adopted
- Wes Y. moves to approve July's meeting's minutes
  - ✓ Motion seconded by Lynn M.
  - ✓ Motion adopted

#### **Treasurer – Alissa N. ([treasurer@aa-cedarrapids.org](mailto:treasurer@aa-cedarrapids.org))**

- Report below and Spreadsheet attached to email

Greetings District 8,

An update from my July report; my action item to recon all monthly balance sheets for 2024 was completed and all updated balance sheets were sent out by the District Secretary on June 25th, 2024. It was found while reconciling that I was unaware I was to be paying Unity Center monthly for use of their space. A check was submitted to them for March through August in the amount of \$150 on July 15th.

Here is the treasurer's report for the month of August 2024.

Our starting balance for this reporting period was \$2,409.51.  
Total debits for the month amounted to \$691.80 which included Answer Iowa for \$235.40, Century Link for \$40.70, Dreamhost for \$5, Unity Center Mar thru Aug rent for \$150, Unity Center Sep rent for \$25, Annual PO Box fee of \$170 and DCM - gas/mileage for \$65.70.  
Total deposits for the month amounted to \$495.70 of which \$430.00 was from 4 group contributions. The remaining \$65.70 was a deposit from the DCM to reimburse unused Gas/Mileage that was debited earlier in the month.

Our ending balance is \$2,213.41.

Our prudent reserve is \$1,500.00 which leaves us an available balance of \$713.41.

Our literature account has a balance of \$535.00.

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23 of 75 Groups in District 8 have contributed to our District fund in FY24.

Basic Text  
Bridge to Shore  
By the Big Book  
Center Point Serenity  
Coggon Grace Group  
Early Birds Upstairs Zoom  
Early Bird Welcome  
For Those Who Want It  
Friday Night Hope Group  
Full Measures  
Hillside  
Kenwood  
Marion Friday Night

Marion Midweek AA  
Mercy Group  
Monday Night Last Call  
Neighborly Group  
New Beginnings  
Sunday Morning Breakfast  
The Way Out  
West Highlands  
Women Into Action  
Women's Fellowship Club

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Please remember to speak to your group about the importance of contributing to our district fund and encourage any possible contribution. If you have any questions please feel free to speak with me after the meeting.

Thank you for the opportunity to be of service,  
Alissa N  
District 8 Treasurer

- Caleb S. moves to approve June's report
  - ✓ Motion seconded by Wes Y.
  - ✓ Motion adopted
- Wes Y. moves to approve July's report
  - ✓ Motion seconded by Cheryl T.
  - ✓ Motion adopted

**Alternate DCM – Josh H** ([altdcm@aa-cedarrapids.org](mailto:altdcm@aa-cedarrapids.org))

Hello District 8,

Last month's meeting was canceled due to inclement weather.

Everyone please be sure to sign in. The sign in sheet is located by the door on the table with the announcements.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists.

I am forwarding new meeting information to our District Technology Chair so they can keep our meeting list updated on the District 8 website. I am also forwarding all meeting / group change information to the Area 24 Alternate Delegate to keep the Area 24 meeting list updated.

Please take a moment to check the Area 24 website's meeting list, the District 8 website's meeting list, and District 8's printable meeting list for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

I will not be able to attend District meetings in September, October, November and December as I have classes on Mondays for the rest of the year. I am able to fulfill the AltDCM role with regard to passing along meeting updates between District meetings but will need someone to cover District meeting attendance and bring flyers that carry over from the previous meeting.

I ask that the District confirm that this approach is acceptable. If there is any concern with this approach, I am willing to work with and mentor any replacement should the District find it necessary to ask me to resign.

In service,

Josh H.

**DCM – Kyle T** ([dcm@aa-cedarrapids.org](mailto:dcm@aa-cedarrapids.org))

Greetings District 8

Unfortunately I was ill the day of The Area 24 Business Meeting. I will review the meeting minutes thoroughly (once they are sent out) and bring any pertinent information to next month's District Meeting.

This past Saturday was our annual Delegate Report and Picnic. I was unable to attend as I was out of town, but understand the event went off very well. There were some scheduling conflicts, (several other events happening at the same time), I am willing to work with the next DCM to share my experience and hopefully avoid those issues in the future.

Cedar Rapids was granted the bid for, and will be hosting, The 2026 West Central Regional A.A. Service Conference. The hotel has been secured; the Conference will be held at The DoubleTree in Downtown Cedar Rapids, Elections for host committee positions have yet to be scheduled, but keep an eye out for that information. If you have any questions, please let me know.

We will be conducting Elections for District 8 Chairs (Term 2025-2026) at next month's District meeting. Please spread the word.

I also sent out the minutes from the Area 24 Spring Assembly. I asked the group's input on the following motion from the assembly.

- ❖ Motion that Area 24 make the Saturdays in January and March hybrid - Submitted by Julie S
  - Motion seconded by DJ C.
    - Vote taken, motion failed,
    - Motion to reconsider - passed.
    - Motion to postpone until Fall Conference - Passed

In Service,

*Kyle Taylor*

Kyle Taylor

District 8 DCM

Cell: (319) 651-7765

Email: [dcm@aa-cedarrapids.org](mailto:dcm@aa-cedarrapids.org)

## **COMMITTEE CHAIR REPORTS**

### **Guidelines – Joe P.**

Tonight I will be offering a motion to adjust and clarify a few items about the District 8 Guidelines Chair. I believe that this position and the Guidelines are an important part of maintaining an ordered business in our service efforts. The changes I offer will help solidify that position for long-term success, and secure the District against possible future misappropriation of funds.

I will not read back the motion now, as it will be entered into New Business. At that time I will be able to provide further background information and support as needed.

In Love & Service,

Joe P.

### **Newsletter – Diane N ([newsletter@aa-cedarrapids.org](mailto:newsletter@aa-cedarrapids.org))**

August's newsletter has been sent out and September's is almost complete, vetted to be sent early Sept. Reminder to GSR's - please forward or print and share with your home group. If anyone has any suggestions or ideas for the newsletter, I'm open to any and all feedback. I've had a few people inquire with interest to become the Newsletter Chair for the next term, which is exciting. Thank you for allowing me to be of service.

All my best,

Diane N

### **Literature – Claude M ([literature@aa-cedarrapids.org](mailto:literature@aa-cedarrapids.org))**

Gave a verbal report. See literature inventory in email attachments....

### **Corrections – Al G ([corrections@aa-cedarrapids.org](mailto:corrections@aa-cedarrapids.org))**

We still meeting at Anamosa reformatory (Tuesday at 4:00pm). Requirement are: You have to do a 90 minute training at prison and prea yearly to attend meetings. They will notify you with a letter about training. You will need to notify Alan Garlow at (319)202-8321 to get on a list at the time. You can call Alan Garlow at (319)202-8321 for application or send a message to [amy.christianson@iowa.gov](mailto:amy.christianson@iowa.gov) to requests an application via hyper link by email. WE NEED TO HAVE VOLUNTEERS.

Any male is welcome to attend the meeting at 6:00am Thursday Wentzle Center. David and Karla reported jail doing well.

Work shop went well and had 26 individuals present at fellowship club. Will be summiting my monthly budget 25.00 for snacks.

Rest is well in corrections

Yours in service;

Alan Garlow (district 8 correctional chair.)

**Grapevine – Jean R** ([grapevine@aa-cedarrapids.org](mailto:grapevine@aa-cedarrapids.org))

What's new in September for the AA Grapevine YouTube Playlists:

Grapevine's YPAA World Tour

Grapevine's YPAA World Tour features audio stories from YPAA (Young People in AA) members at events around the world. The playlist kicks off with stories by members at the 64th ICYPAA (International Conference of Young People in AA) in Austin, Texas. Stories from more YPAA events will follow! Currently there are 10 videos on this playlist.

American Sign Language Videos

AA member's stories are signed by professional ASL Interpreters.

The videos on YouTube for the ASL are called "Vodcasts".

Some of the other Playlists with 5-8 Videos each on the Grapevine Channel are:

Sponsorship

Voices of Women in AA

Voices of Men in AA

From Relapse to Recovery

Go to the AA Grapevine Channel for Videos, Shorts, Podcasts and Playlists on YouTube.

There are only 7-10 people who work on the Grapevine at the GSO office in New York.

It's the AA members who are the main support and backbone of the Grapevine.

We accomplish that support by submitting artwork, stories to fill the magazine, grapevine books, the grapevine calendar and the YouTube audio podcasts.

Another way that we can support the grapevine is by becoming a homegroup Grapevine Representative (GVR). In this position you can create community awareness about the Grapevine magazine, books and podcasts as a tool to enhance your group members sobriety.

Many home groups have elections in September, I want to encourage you to step up and volunteer to be your group's GVR.

Please go to:

<https://www.aagrapevine.org/get-involved> to help the Grapevine continue to support our A.A. community in 2025.

Thank you for the opportunity to serve District 8.

Jean R. Grapevine Chair

**Cooperation with the Professional Community – Jeff B** ([cpc@aa-cedarrapids.org](mailto:cpc@aa-cedarrapids.org))

Gave verbal report.

**Archives – Lynn M** ([archives@aa-cedarrapids.org](mailto:archives@aa-cedarrapids.org))

Hello Everyone in Service!

1) The summer edition of Box 459 now available. Sign up on aa.org. "News an Notes from the General Service Office of AA"

2) Group History forms available tonight. Archive documents and info on [aa-cedarrapids.org](http://aa-cedarrapids.org) under District Business Documents.

3) 27th National AA Archives Workshop. Sept 26 - 29, 2024.

Des Moines, IA. [NAAAW.org](http://NAAAW.org).

Dave G. Is our in-person contact.

Let me know if you are going, we could go as a bunch!

4) Sort and organize Archives Fridays at 9'ish PM (after Friday Night Unity Group) at the Marion Industrial Club.

We need to find a new prong system for the Group folders!

Thanks to Foxhall for emptying the flier notebook and donating to Archives!

Though still waiting for written History!

5) Always in search of Group info: Histories, fliers and other cool stuff!

Thank you for your support!

In Love and Service, Lynn M. 319-431-4855

[archives@aa-cedarrapids.org](mailto:archives@aa-cedarrapids.org).

[lynnm1988@gmail.com](mailto:lynnm1988@gmail.com).

**Tech Chair – Dave G** ([tech@aa-cedarrapids.org](mailto:tech@aa-cedarrapids.org))

The tech committee met on Monday, August 12 at 7 pm by Zoom. The 2025 IAYPAA Conference Host Committee utilized the District 8 Zoom account twice this past month.

The Young People's Group meeting was added to the Meeting Guide. The Wednesday and Thursday 8 pm meetings at the Industrial Club were changed to 7 pm. The Sunday Night Primary Purpose Group at the Fellowship Club was deleted. The August District 8 Newsletter has been posted.

Here are the relevant District 8 flyers and listings under the "Events" tab currently on our website: Young People's Group new meeting notice, There is a Solution Group 34th Anniversary October 3, Twelve Concepts Workshop August 24, 27th Annual National AA Archives Workshop September 26-29, 26th Annual Women Living Spiritually Retreat September 27-29, Area 24 Fall Conference October Northwest Iowa Pre-Winter Rally November 1-3, Fellowship of the Spirit Midwest October 11-13, Cedar River Roundup February 14-16, 2025, International AA Convention July 3-6, 2025.

Under the "Service Opportunities" tab there is listed the Corrections Committee flyer, the Cedar Rapids Events Committee volunteer information and the Pink Can Fund flyer.

The announcement of the Women in to Action meeting relocation continues to be posted to the "Announcement" section on the home page through September.

The problem with the Meeting Guide showing two entries of the Marion Midweek Group has been fixed.

Our domain name auto-renews with GoDaddy on August 19.

Our website had 489 distinct users in the past 30 days, down from 584 last month.

We will continue to upgrade the website and strive to make it as accessible and up to date as possible. Please continue to give me any updates of upcoming events so I can place them on our website, even if you don't have a flyer. If you see any errors or

improvements that need to be made with the website, please direct them to me. Events that happened this past weekend will be deleted from the site this week.

In my capacity as tech committee chair, please let me know if there is anything I can do to help you.

Our next District 8 Tech Committee meeting will be Monday, September 9, 2024, at 7 pm by Zoom.

Respectfully submitted,

Dave G.

District 8 Tech Chair / Webservant  
tech@aa-cedarrapids.org

**Treatment – Jeremy M** ([treatment@aa-cedarrapids.org](mailto:treatment@aa-cedarrapids.org))

No report.

**Public Information – Mark S** ([pi@aa-cedarrapids.org](mailto:pi@aa-cedarrapids.org))

No report.

### **UNFINISHED BUSINESS**

- Reminder that the motion that District 8 form a standing outreach committee and that the DCM be a member of the committee was passed last month. However, no committee was formed or any other action taken. If somebody would like to address this issue, please hold off for New Business.

### **NEW BUSINESS**

- Elections for all District 8 Chair positions for the term of 2025-2026 will be held at next month's business meeting. At this time I have asked Joe P. to go over all service positions and their description.
- Joe P. moved to amend the Service Positions Job Description (SPJD) and Guidelines documents for District 8 Guidelines Chair as follows:
  - The SPJD document Description for this position should be changed to "The District 8 Guidelines Chairperson is an advisory member of the District 8 Committee. As such, this position is not eligible for travel reimbursement as are other committee chairs, nor does this position command the \$25/monthly budget as do other committee chairs."
  - The SPJD document Selection and Qualification Requirements for this position should be changed to "Must be an active member of Alcoholics Anonymous, with a minimum of five years of continuous sobriety. Additionally, this individual should have a minimum of four years of service in District 8 to ensure familiarity with the Guidelines. Elected by the membership of District 8 in even years for a two-year term. However, in the case that this position remains empty the District 8 Chairperson should appoint an individual to hold the position until such time as the position can be filled by election."
  - In the District 8 Guidelines, the opening words of Item 4 in the section District Expenditure and Budgeting should be changed to "Reimbursement will be \$.45 cents per mile to District Officers and Service Chairs, with the exception of the Guidelines Chair, ..."

➤ In the District 8 Guidelines, the opening words of Item 5 in the section District Expenditure and Budgeting should be changed to "Service Chairs, and the District Secretary, with the exception of the Guidelines Chair, have a monthly budget of \$25.00 - Joe P.

✓ Motion seconded by Wes Y. One vote in the minority. The minority spoke, with no motion from the majority to reconsider.

✓ Motion passed.

☐ Jeff B. moved that we provide a budget of up to \$150.00 for the CPC Workshop for professionals, for flyer printing and snacks.

✓ Motion seconded by Al G.

✓ Motion passed.

## **GROUP REPORTS**

☐ Several groups gave verbal reports

☐ Sunday Morning Breakfast Meeting Report

✓ We meet at the Marion Industrial Club, 225 35th Street in Marion Iowa, on Sunday mornings at 8:30am following the Industrial Club Breakfast. Our attendance ranges from 15-30 alcoholics, we are a closed Big Book discussion meeting most weeks, on the last Sunday of the month we switch to an open meeting and welcome our non-alcoholic friends and family to attend. We hold a business meeting on the 1st Sunday of the month before our meeting.

Upcoming Anniversaries

8/25 - Chasity 1 year

9/15 - Eric Y 18 months

9/15 - Levi R 4 years

9/29 - Bob D (Aka Baitshop Bob) 42 years

9/29 - Brett D 42 years

In love and service-

Jesseca Z

## **Upcoming Events**

☐ Next District Meeting:

✓ September 16, 2024 @ 7 PM (Regular Business Meeting)

Unity Center of Cedar Rapids

3791 Irs Ferry Rd NE

Cedar Rapids, IA 52402

☐ Concepts Workshop – Twelve Concepts of AA

➤ Saturday, August 24, 2024 from 12:00 to 4:30 pm in the

■ Fellowship Club Auditorium, 3224 1st Ave NE, Cedar Rapids, IA 52402

☐ District 8 Meeting and Elections – September 16th (District Business Meeting)

➤ Monday, September 16th, 2024 @ 7PM

■ Unity Center of Cedar Rapids

☐ Area 24 Fall Conference

➤ Friday October 11 @ 6:30 pm - Sunday October 13 @ 12:00 pm

■ Abu Bekr Shriners 820 Nebraska ST, Sioux City, IA, United States.

☐ [National Alcoholics Anonymous Archives Workshop \(NAAAW\)](#)

➤ Thursday September 26 @ 8:00 am - Sunday September 29 @ 5:00 pm

■ Scottish Rite Consistory 519 Park St, Des Moines, IA, United States



### **Last Meeting: Concept VII (Cheryl T.)**

**Short Form:** The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purpose for final effectiveness.

**Long Form:** The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purpose for its final effectiveness.

### **Concept VIII (Kyle T.)**

**Short Form:** Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

**Long Form:** The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purpose for its final effectiveness.

### **Next Meeting: Concept IX (Ross H.)**

**Short Form:** Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

**Long Form:** Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.

### **Adjournment**

- DCM adjourned the meeting @ approximately 8:00 PM

### **Greeter(s) for next Month**

- Wayne S., Dave O., Wes Y.

### **Closing**

- Closed with the Lord's Prayer

### **Next District 8 Business Meeting**

- Next District Meetings:
  - ✓ September 16, 2024@ 7 PM (Regular Business Meeting)  
Unity Center of Cedar Rapids  
3791 Blairs Ferry Rd NE  
Cedar Rapids, IA 52402