

**Iowa 8th District**  
Box 10722  
Cedar Rapids, Iowa 52410-0722  
[www.aa-cedar-rapids.org](http://www.aa-cedar-rapids.org)

**Area 24**  
Box 1291  
Des Moines, Iowa 50305  
[www.aa-iowa.org](http://www.aa-iowa.org)

**General Service Office**  
Box 459, Grand Central Station  
New York, New York 10163  
[www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)

## **DISTRICT 8 MEETING MINUTES**

### **October 21, 2024**

The meeting was called to order @ 7:00 PM by DCM (Kyle T.)

#### **Non-AA / Non-District Announcements**

- N/A

#### **The Serenity Prayer**

#### **Welcome New GSRs / Alt GSRs**

Dwayne S.: new GSR of There is a Solution, Craig G.: GSR of Marion Midweek, Eric W. Alt GSR of Early Birds

#### **The Agenda**

- Lynn M. moved to approve the Agenda
  - ✓ Motion seconded by Jess Z.
  - ✓ Motion adopted

### **OFFICER REPORTS**

#### **Secretary – Todd H ([secretary@aa-cedar-rapids.org](mailto:secretary@aa-cedar-rapids.org))**

Good evening District 8!

Nothing new to report this month. Please let me know if you find any errors in the previous meeting minutes, need to be added or removed from the District 8 email list. Thank you for allowing me to serve in this capacity!!

Yours in Love and Service,  
Todd H (319) 310-2730

- Wes Y. moved to approve the Agenda
  - ✓ Motion seconded by Jeremy M.
  - ✓ Motion adopted

#### **Treasurer – Alissa N. ([treasurer@aa-cedar-rapids.org](mailto:treasurer@aa-cedar-rapids.org))**

- Wes Y. moved to approve the Agenda
  - ✓ Motion seconded by Lynn M.
  - ✓ Motion adopted

Greetings District 8,

Here is the treasurer's report for the month of October 2024.  
Our starting balance for this reporting period was \$2,252.79.  
Total debits for the month amounted to \$881.97 which included Answer Iowa for \$235.40, Century Link for \$40.70, Dreamhost for \$5, DCM Area Conf Hotel for \$279.98, DCM Area Gas/Mileage for \$234.90, Unity Center Oct Rent for \$25 and CPC workshop copies for \$60.99

of an approved one time budget of \$150 leaving \$89.01 remaining for that budget approval.  
Total deposits for the month amounted to \$410 from five group contributions.  
Our ending balance is \$1,780.82.  
Our prudent reserve is \$1,500.00 which leaves us an available balance of \$280.82.  
Our literature account has a balance of \$307.82.

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27 of 75 Groups in District 8 have contributed to our District fund in FY24.

Basic Text  
Bridge to Shore  
By the Big Book  
Center Point Serenity  
Coggon Grace Group  
Early Birds Upstairs Zoom  
Early Bird Welcome  
For Those Who Want It  
Friday Night Hope Group  
Full Measures  
Grinnell Reading from the Big  
Book  
Hillside  
Kenwood  
Lisbon Wed Night  
Marion Friday Night  
Marion Midweek AA  
Mercy Group  
Monday Night Last Call

Mount Vernon Candlelight  
Meeting  
Neighborly Group  
New Beginnings  
Serenity Seekers  
Sunday Morning Breakfast  
The Way Out  
West Highlands  
Women Into Action  
Women's Fellowship Club

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Please remember to speak to your group about the importance of contributing to our district fund and encourage any possible contribution. If you have any questions please feel free to speak with me after the meeting.

Thank you for the opportunity to be of service,

Alissa N  
District 8 Treasurer

**Alternate DCM – Josh H** ([altdcm@aa-cedarrapids.org](mailto:altdcm@aa-cedarrapids.org))

Hello District 8,

Last month's meeting attendance was 31 total, with 22 Groups represented, and 7 service chairs in attendance.

Everyone please be sure to sign in. The sign in sheet is located by the door on the table with the announcements. In my absence, I am relying

on the attendance sheets for our attendance numbers. I don't care how long you have been in your role or how far down the service structure you have been, I need your name on the attendance record. Sometimes quickly, sometimes slowly, accurate attendance records will materialize, if we work for them.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists.

I am forwarding new meeting information to our District Technology Chair so they can keep our meeting list updated on the District 8 website. I am also forwarding all meeting / group change information to the Area 24 Alternate Delegate to keep the Area meeting list updated.

Please take a moment to check the Area 24 website's meeting list, the District 8 website's meeting list, and District 8's printable meeting list for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

In Service,

Josh H.  
Alternate DCM  
District 8  
altdcm@aa-cedarapids.org  
402.309.9850

**DCM – Kyle T** ([dcm@aa-cedarapids.org](mailto:dcm@aa-cedarapids.org))

### **Greetings District 8**

Since we last met, I attended The Area 24 Fall Conference in Sioux Center. Elections for 2025 - 2026 Area 24 Officer and Chair positions were held with the following results:

- **Delegate** - *Dan P.*
- **Alternate Delegate** - *Nate W.*
- **Area Chair** - *Beth C.*
- **Secretary** - *Kate S.*
- **Treasurer** - *Dawn B.*
- **Corrections** - *Troy F.*
- **CPC** - *Kyle T.*
- **Grapevine** - *DJ C.*
- **Literature** - *John R.*
- **Newsletter** - *Cindy G.*
- **Public Information** - *Mike B.*
- **Treatment** - *Boone W.*
- **Technology** - *Dave G.*

As you can see District 8 is well represented, holding four Area Chair positions. Technology Chair is a new position added at the conference. Once Area 24 minutes are out, I'll email a report on the conference and go over the report at next month's District Meeting.

In preparation for the transition to new Officers next year, I am putting together a list of day to day responsibilities as well as a calendar for the incoming DCM.

In Service,

*Kyle Taylor*

**Kyle Taylor**

**District 8 DCM**

**Cell: (319) 651-7765**

**Email: [dcm@aa-cedarrapids.org](mailto:dcm@aa-cedarrapids.org)**

## **COMMITTEE CHAIR REPORTS**

**Treatment – Jeremy M** ([treatment@aa-cedarrapids.org](mailto:treatment@aa-cedarrapids.org))

Gave verbal report

**Tech Chair – Dave G** ([tech@aa-cedarrapids.org](mailto:tech@aa-cedarrapids.org))

The tech committee met by Zoom at 7 pm on October 14. Present were Dave G. and Jess Z. The plan for transition was discussed and Jess will be transitioned into the Tech Chair on December 7 at 10 am.

Here are the flyers that are currently on our website:

Under the Events tab: 1) Annual Big Book Workshop — November 1-3, 2024 at the main auditorium of the Fellowship Club. Speakers are Kate R. and Brad T. of Fort Thomas, KY. 2) NW Iowa 41st Pre-Winter Rally — November 1 - 3 at the Lakeshore Center at Okoboji, Milford. 3) Crossroads Group Chili Supper & Speaker — Sunday, November 17, 2024 at St Mary's Catholic Church, Urbana, Dinner at 6:00 pm, Speaker Diane N. at 7:00 pm. 4) 31st Annual Cedar River Round-Up — February 14-16, 2025 at the Radison Hotel, Cedar Rapids. 5) International Convention of AA — July 3-6, 2025, in Vancouver, British Columbia, Canada.

Under the Service Opportunities tab: 1) Cedar Rapids Events Committee needs Volunteers. Committee meets monthly at 1:00 pm downstairs in the Fellowship Club. 2) Donations Needed for the Area 24 Pink Can Fund. 3) The Corrections Committee is looking for volunteers to help with meetings at several locations.

The minutes and treasurer's reports were posted. The October newsletter was posted.

Our website had 494 distinct users in the past 30 days, down from 528 last month.

We will continue to upgrade the website and strive to make it as accessible and up to date as possible. Please continue to give me any updates of upcoming events so I can place them on our website, even if you don't have a flyer. If you see any errors or improvements that need to be made with the website, please direct them to me.

In my capacity as tech committee chair, please let me know if there is anything I can do to help you.

Our next District 8 Tech Committee meeting will be Monday, November 11, 2024, at 7 pm by Zoom.

Respectfully submitted,

Dave G.

District 8 Tech Chair / Webservant

[tech@aa-cedarrapids.org](mailto:tech@aa-cedarrapids.org)

**Public Information – Mark S** ([pi@aa-cedarrapids.org](mailto:pi@aa-cedarrapids.org))

Gave verbal repair

**Newsletter – Diane N** ([newsletter@aa-cedarrapids.org](mailto:newsletter@aa-cedarrapids.org))

The October newsletter was sent out earlier this month and the November newsletter is almost complete. Thanks to those who have responded to writing about their experience, strength and hope for upcoming issues.

I am elated that Amie B will be the incoming Newsletter Chair. I've already shared some of the information with her to be ready to roll in the upcoming term. I think you will find her enthusiasm and craft most magnificent as she serves in this capacity. Please continue to treat her and provide her with the same warmth and helpful spirit as you have for me.

You shall see the Movement in your inboxes soon. All the best, fellow sojourners! See you next month.

Diane N

District 8 Newsletter Chair

**Literature – Claude M** ([literature@aa-cedarrapids.org](mailto:literature@aa-cedarrapids.org))

Sales for last month was \$480.00. \$551.18 was spent on literature purchased, leaving an account balance of \$547.82.

Moving forward, we will be adding 7% to the per item cost for materials purchased from A.A. World Services. This reflects the Sales Tax that we are charged. To keep it short, this is because District 8 is not a registered non-profit. I will try to answer any questions you may have. If I do not have the answer, I will find out and let you know.

Thank you

Claude

[Literature@aa-cedarrapids.org](mailto:Literature@aa-cedarrapids.org)

Cell 319-693-9487

**Corrections – Al G** ([corrections@aa-cedarrapids.org](mailto:corrections@aa-cedarrapids.org))

October correctional report

We still meeting at Anamosa reformatory (Tuesday at 4:00pm). Requirement are: You have to do a 90 minute training at prison and prea yearly to attend meetings. They will notify you with a letter about training. You will need to notify Alan Garlow at (319)202-8321 to get on a list at the time. You can call Alan Garlow at (319)202-8321 for application or send a message to amy.christianson@iowa.gov to requests an application via hyper link by email. WE NEED TO HAVE VOLUNTEERS.

Any male is welcome to attend the meeting at 6:00am Thursday Wentzle Center. David and Karla reported jail doing well.

I attended the Fall conference and the correctional work shop. Troy f is new area 24 correctional chair. The pink can support and at 1240.00 but has 2 orders that will take it down t about 200.00 again I summited my registration for conference out of my monthly budget .

I still need to get to Vinton and asked Wes if he wanted to go with me during conference since he will be incoming correctional chair to discussed requirements volunteer to get meeting going.

A note if anyone has a problem with any institutions then bring it to the chair or sponsor chair that contact the staff to talk about any issues you don't agree with it, any letter can effect A.A going into these intuitions . "Patients and tolerance is our code ."

Yours in service;  
Alan Garlow (district 8 correctional chair.)

**Grapevine – Jean R** ([grapevine@aa-cedarrapids.org](mailto:grapevine@aa-cedarrapids.org))

### Grapevine Report - October 2024

This month's October Grapevine is featuring Cooperation with the Professional Community. Interestingly, one of the stories in the Grapevine is by Judge Kerry Meyer, who happens to be the same judge that spoke at District 8's Cooperation with the Professional Community Workshop on September 20th.

You can listen to the Judges CPC talk by going to the EBUZ Facebook page or click on the link included in this report.  
<https://youtu.be/FNAjmq1Mjdw> (<https://youtu.be/FNAjmq1Mjdw>)

Coincidentally, Judge Kerry Meyer authored an article in the October 2024 Grapevine Magazine.

In her article is entitled "Cooperating with the Courts " Judge Meyer writes about a core group of AA members came to court every week. They ran a program they developed called "Introduction to Recovery." Its really quite good.

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In SeptemberI attended the National Alcoholics Anonymous Archives Workshop (NAAAW),

Rose S. who also attended the event pointed out to me that one of the display tables had two display books containing Grapevine magazine stories written by Iowans. We plan to put together a similar presentation of Iowa Grapevine stories for District 8.

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Next month the Grapevine Magazine focuses on Gratitude and Thanksgiving. For decades now, AA's in the U.S. have set aside November as Gratitude Month, marking the occasion with special contributions to AA. The tradition of Gratitude Month goes back over 70 years. The first official recognition of an AA Gratitude Week, specifically designed to coincide with Thanksgiving week in the U.S. occurred in 1956, when the sixth General Service Conference approved the motion, stipulating that "this action be noted in the annual pre-Thanksgiving appeals to the groups for funds to help support AA's worldwide services."

However you may express your gratitude—whether via an extra dollar or two in the basket at your home group, a separate contribution to GSO or gift subscriptions to alcoholics in need through AA Grapevine's Carry the Message program—November is a wonderful time to express our collective gratitude for our individual sobriety.

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And finally, in October 20 Grapevines were distributed to the Mercy Behavioral Health, 5th Floor

Thank you for the opportunity to serve District 8.

Jean R., Grapevine Chair

**Cooperation with the Professional Community – Jeff B ([cpc@aa-cedarrapids.org](mailto:cpc@aa-cedarrapids.org))**

Gave verbal report

**Archives – Lynn M ([archives@aa-cedarrapids.org](mailto:archives@aa-cedarrapids.org))**

Hello Everyone in Service!

1) Group History forms available tonight. Archive documents and info available at aa-cedarrapids.org under District Business Documents.

2) I did not attend the National AA Archives Workshop in Des Moines. I heard it was fabulous! AMOT recorded the workshops.

3) 3 people in the audience at the Archives Workshop at the Conference. I was able to share things I knew about District 8! Sat. Nov. 9th Area Archives open house in Marshalltown.

4) We sort and organize Archives Fridays at 9'ish PM. At the Marion Industrial Club after the Friday Night Unity Group 8-9pm.

5) Always in search of Group info: Histories, fliers and other cool stuff! I'm excited to see what AI has in store for the Archives! I'd like to help if you'll have me.

Thank you for your attention!

In Love and Service, Lynn M.

319-431-4855

[archives@cedarrapids.org](mailto:archives@cedarrapids.org)

[lynm1988@gmail.com](mailto:lynm1988@gmail.com)

**UNFINISHED BUSINESS**

- Reminder that the motion that District 8 form a standing outreach committee and that the DCM be a member of the committee was passed last month. However, no committee was formed or any other action taken. If somebody would like to address this issue, please hold off for New Business.

**NEW BUSINESS**

- Standing outreach committee decided to meet again after the meeting to get the committee going again.
- Question was asked about research that was done in the past (by Josh H.) for District 8 obtaining a Federal EIN number for Tax Exempt status. Kyle T. to reach out to Josh H. to remind the body of his findings.

## GROUP REPORTS

- Several groups gave verbal reports
- Hello District 8,
- ✓ My name is Jesseca, I am an alcoholic, GSR for the Sunday Morning Breakfast Meeting held every Sunday Morning at 8:30am Following the Industrial Club Breakfast at the Marion Industrial Club located at 225 35th St in Marion (lower level). We have been averaging 30 alcoholics in attendance, we are a closed Big Book discussion meeting, except for the last Sunday of the month when we are an open meeting, welcoming non alcoholic family and friends to join us.

Upcoming Anniversaries-

November 3rd  
Lynette W. 35 yrs

In loving service,

Jesseca Z

## Upcoming Events

- Annual Big Book Workshop
  - ✓ November 1-3, 2024 at the main auditorium of the Fellowship Club
    - 3224 1st Ave NE, Cedar Rapids, IA 52402
      - Speakers are Kate R. and Brad T. of Fort Thomas, KY. Coffee and water provided; bring a snack to share.
- Next District Meeting:
  - ✓ November 18, 2024@ 7 PM (Regular Business Meeting)
    - Unity Center of Cedar Rapids  
3791 Blairs Ferry Rd NE  
Cedar Rapids, IA 52402
- Area 24 Service Weekend
  - ✓ January 11, 2025 @ 9:00 am - January 12, 2025 @ 5:00 pm
    - MACC  
709 S Center St.  
Marshalltown, IA
- 31<sup>st</sup> Annual Cedar River Round-up:
  - ✓ February 14-16, 2025 at the Radisson Hotel
    - 1200 Collins Rd NE, Cedar Rapids, IA 52402

## Concept X (Dave G.)

**Short Form:** Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

**Long Form:** Every service responsibility should be matched by an equal service authority—the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.

## Next Meeting: Concept XI (Will S.)

**Short Form:** Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

**Long Form:** While the Trustees hold final responsibility for A.A.'s world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs, and consultants. Therefore the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives,



staffs, and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.

### **Adjournment**

- DCM adjourned the meeting @ approximately 7:50 PM

### **Greeter(s) for next Month**

- Candy., JD, Dewayne S, Wes, Dave O.

### **Closing**

- Closed with the Lord's Prayer

### **Next District 8 Business Meeting**

- Next District Meetings:
  - ✓ November 18, 2024@ 7 PM (Regular Business Meeting)  
Unity Center of Cedar Rapids  
3791 Blairs Ferry Rd NE  
Cedar Rapids, IA 52402