

Iowa 8th District
Box 10722
Cedar Rapids, Iowa 52410-0722
www.aa-cedarrapids.org

Area 24
Box 1291
Des Moines, Iowa 50305
www.aa-iowa.org

General Service Office
Box 459, Grand Central Station
New York, New York 10163
www.alcoholics-anonymous.org

DISTRICT 8 MEETING MINUTES

November 18, 2024

The meeting was called to order @ 7:00 PM by DCM (Kyle T.)

Non-AA / Non-District Announcements

- Several verbal reports given.

The Serenity Prayer

Welcome New GSRs / Alt GSRs

- Mike Z., GSR - Kenwood Group. There were more new GSR's and Alt. GSR's present, but I missed who they were and apologize.

The Agenda

- Wes Y. moved to approve the Agenda
 - ✓ Motion seconded by Jeremy M.
 - ✓ Motion adopted

OFFICER REPORTS

Secretary – Todd H (secretary@aa-cedarrapids.org)

Good evening District 8!

Nothing new to report this month. Please let me know if you find any errors in the previous meeting minutes, need to be added or removed from the District 8 email list. Thank you for allowing me to serve in this capacity!!

Yours in Love and Service,
Todd H (319) 310-2730

- Cheryl T. moved to approve the Agenda
 - ✓ Motion seconded by Jessica Z.
 - ✓ Motion adopted

Treasurer – Alissa N. (treasurer@aa-cedarrapids.org)

Greetings District 8,
Here is the treasurer's report for November 2024.
Our starting balance for this reporting period was \$1,780.82.
Total debits for the month amounted to \$448.57, which included Answer Iowa for \$240.05, Century Link for \$54.62, Dreamhost for \$5, Unity Center Nov Rent for \$25, delegate picnic reimbursement (per Sept. minutes) for \$75.48, corrections workshop reimbursement for \$21, archives workshop reimbursement for \$21, and copies for DCM for \$6.42.
Total deposits for the month amounted to \$453 from three group contributions.
Our ending balance is \$1,785.25.
Our prudent reserve is \$1,500.00, leaving us an available balance of \$285.25.

Our literature account has a balance of \$444.02

I have met with the incoming treasurer, Amanda L., and begun training for duties.

27 of 75 Groups in District 8 have contributed to our District fund in FY24.

Basic Text

Bridge to Shore

By the Big Book

Center Point Serenity

Coggon Grace Group

Early Birds Upstairs Zoom

Early Bird Welcome

For Those Who Want It

Friday Night Hope Group

Full Measures

Grinnell Reading from the Big

Book

Hillside

Kenwood

Lisbon Wed Night

Marion Friday Night

Marion Midweek AA

Mercy Group

Monday Night Last Call

Mount Vernon Candlelight

Meeting

Neighborly Group

New Beginnings

Serenity Seekers

Sunday Morning Breakfast

The Way Out

West Highlands

Women Into Action

Women's Fellowship Club

Please remember to speak to your group about the importance of contributing to our district fund and encourage any possible contribution. If you have any questions, please feel free to speak with me after the meeting.

Thank you for the opportunity to be of service,

Alissa N

District 8 Treasurer

- Alan J. moved to approve the Agenda
 - ✓ Motion seconded by Jeremy M.
 - ✓ Motion adopted

Alternate DCM – Josh H (altdcm@aa-cedarrapids.org)

Hello District 8,

Last month's meeting attendance was 33 total, with 20 Groups represented, and 9 service chairs in attendance.

Everyone please be sure to sign in. The sign in sheet is located on the table with the announcements. In my absence, I am relying solely on the attendance sheets for our attendance numbers. Please add your name to

the attendance sheet before leaving the meeting today if you have not already done so. Kyle has been gracious enough to scan them and send them to me each month I am not at the meeting. I do plan to be at the December meeting.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists.

I am forwarding new meeting information to our District Technology Chair so they can keep our meeting list updated on the District 8 website. I am also forwarding all meeting / group change information to the Area 24 Alternate Delegate to keep the Area meeting list updated.

Please take a moment to check the Area 24 website's meeting list, the District 8 website's meeting list, and District 8's printable meeting list for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

I appreciate District 8's willingness to allow me to continue to serve as the AltDCM in spite of my inability to attend multiple meetings. I am also grateful for Kyle's help in navigating my limited availability.

In Service,

Josh H.
Alternate DCM
District 8
altdcm@aa-cedarrapids.org
402.309.9850

DCM – Kyle T (dcm@aa-cedarrapids.org)

Greetings District 8

Since we last met, I attended the Big Book Workshop November 1st thru 3rd at The Fellowship Club. It was a great experience, if you haven't been to one I would recommend it.

Other than that, I have nothing to report.

In Service,

Kyle Taylor
District 8 DCM
Cell: (319) 651-7765
Email: dcm@aa-cedarrapids.org

COMMITTEE CHAIR REPORTS

Treatment – Jeremy M (treatment@aa-cedarrapids.org)

Gave a verbal report

Tech Chair – Dave G (tech@aa-cedarapids.org)

The tech committee met by Zoom at 7 pm on November 11. Present were Dave G., Al R., and Jess Z. There was no new business to discuss. Jess will be transitioned into the Tech Chair on December 7 at 10 am.

Here are the flyers that are currently on our website:

Under the Events tab: 1) CRG Thanksgiving — the Gratitude Club will be open on Thanksgiving from 7:00 am Thursday morning until 3:00 am on Friday, 2) 31st Annual Cedar River Round-Up — February 14-16, 2025 at the Radison Hotel, Cedar Rapids, 3) International Convention of AA — July 3-6, 2025, in Vancouver, British Columbia, Canada.

Under the Service Opportunities tab: 1) Cedar Rapids Events Committee needs Volunteers. Committee meets monthly at 1:00 pm downstairs in the Fellowship Club. 2) Donations Needed for the Area 24 Pink Can Fund. 3) The Corrections Committee is looking for volunteers to help with meetings at several locations.

The October minutes and treasurer's reports were posted. The November newsletter was posted.

Our website had 635 distinct users in the past 30 days, up from 494 last month.

We will continue to upgrade the website and strive to make it as accessible and up to date as possible. Please continue to give me any updates of upcoming events so I can place them on our website, even if you don't have a flyer. If you see any errors or improvements that need to be made with the website, please direct them to me.

In my capacity as tech committee chair, please let me know if there is anything I can do to help you.

Our next District 8 Tech Committee meeting will be Monday, December 9, 2024, at 7 pm by Zoom.

Respectfully submitted,

Dave G.

District 8 Tech Chair / Webservant
tech@aa-cedarapids.org

Public Information – Mark S (pi@aa-cedarapids.org)

Gave verbal report.

Newsletter – Diane N (newsletter@aa-cedarapids.org)

You'll find the November 2024 edition of the District 8 Newsletter attached. Please post, forward and share accordingly. If you have suggestions for upcoming newsletters or would like to share your experience, strength and hope, please email this address. I will be handing the reigns over to Amie B, our new Newsletter Chair, at the end of this year (which is just next month already!!) 🙄 Please welcome her in the same fashion you have me. She will do a knock-out job, I'm sure of it.

May your upcoming holiday season be filled with lots of love, connection and peace! (too early for happy holidays? 🙄)

Until next month, my friends!
Diane N

Literature – Claude M (literature@aa-cedarrapids.org)

Send in written report, but was unable to open files. Gave verbal report.

Corrections – Al G (corrections@aa-cedarrapids.org)

November correctional report

We still meeting at Anamosa reformatory (Tuesday at 4:00pm). Every other week till further notice Requirement are: You have to do a 90 minute training at prison and prea yearly to attend meetings. They will notify you with a letter about training. You will need to notify Alan Garlow at (319)202-8321 to get on a list at the time. You can call Alan Garlow at (319)202-8321 for application or send a message to amy.christianson@iowa.gov to requests an application via hyper link by email.

Any male is welcome to attend the meeting at 6:00am Thursday Wentzle Center.

David and Karla reported jail doing well.

Yours in service;
Alan Garlow (district 8 correctional chair.)

Grapevine – Jean R (grapevine@aa-cedarrapids.org)

November 2024 Grapevine Report

Buying the AA Grapevine Magazine

If you want an online subscription to the AA Grapevine it costs is \$2.99 a month.


There's an Automatic Renewal Guarantee.

Your subscription will automatically renew at the one-month rate, and you will never miss an issue.

You may also opt out at anytime by calling 1-800-631-6025

Giving a Grapevine Magazine Gift

For anyone deciding to buy a monthly Grapevine Magazine subscription as a gift for others, you can buy one subscription at the regular and get half off the second subscription.

You can visit the Grapevine website or call 
Monday - Friday, 8:00 am - 4:30 pm CT ^{[[11]]}_{SEP}English: (800) 631-6025 US

Buying AA Grapevine Books

If you are interested in buying other AA Grapevine books, there is free shipping from now through December 31st.

Visiting a Grapevine Display

Please visit our Grapevine Table
at the 2024 Greater Cedar Rapids AA Thanksgiving Dinner on Saturday November 23rd and pick up a couple of free bookmarks !!!!!

Doors open for the event at 5:30 PM
St. Ludmilla Church
211 21st Ave SW

Cedar Rapids, Iowa

See you soon and thank you for the opportunity to serve District 8.

Jean R., D8 GV Chair

Cooperation with the Professional Community – Jeff B (cpc@aa-cedarrapids.org)

Gave verbal report

Archives – Lynn M (archives@aa-cedarrapids.org)

Hello Everyone in Service!!

1) Group History forms available on table tonight. Archive documents and information available at aa-cedarrapids.org under District Business Documents.

2) we sort and organize Archives Fridays at 9'ish PM at the Marion Industrial Club (after Friday Night Unity Group at 8pm). There will be cake this Friday 11-22-24. Duane H.= 33 yrs!!

3) Always in search of Group info: Histories, fliers and other cool stuff!!

4) There will be an Archives Display at the Thanksgiving Dinner party on Sat.11-23-2024.Thank-you to the Committee for the invite!!

Thank you for your attention!

In Love and Service, Lynn M.

319-431-4855

archives@aa-cedarrapids.org

lynnm1988@gmail.com

UNFINISHED BUSINESS

- Alt DCM report on making District 8 a 501c3
 - ✓ More to report next month.

NEW BUSINESS

- Claude M moves to transfer \$225 to the literature account from the main District 8 account in order to have funds available to purchase 20 Plain Language Big Books once they are back in stock.
 - ✓ 2nd by Jess Z.
 - ✓ Motion passed.
 - ✓ Minority spoke.
 - ✓ Kristen H. from the majority moved to reconsider.
 - 2nd by Sage T.
 - Motion to reconsider passed.
 - ✓ Body revoted on original motion and motion failed.

GROUP REPORTS

- Several groups gave verbal reports
- My name is Kayla R. and I am the new appointed GSR for the Basic Text group that meets every Thursday at Grace Episcopal church at 6pm. That includes holidays that fall on a Thursday as well.
 - ✓ Bryan S. Is our new appointed alternate GSR.
 - ✓ Upcoming chip anniversaries include Troy F. He will have his 15 year chip next month.
 - ✓ Basic Text will be having their annual anniversary party in February 2025.
 - Date, time, food and speaker TBD and a flyer will come out shortly.

Thank you,

Kayla Robertson 🐾

- My name is Kristin and I am an alcoholic. I am the GSR for Kenwood Group. We meet Tuesday nights at 8pm at Kenwood Church on 34th St. NE. We hold our business meetings quarterly with our next meeting being Tuesday, January 28, 2025, beginning at 7 pm at Kenwood Church.
 - ✓ Kenwood Group raffles A.A.-approved literature the last Tuesday of every month.
 - ✓ At our last biz mtg we held elections and Mike Z is our new GSR and Matt R is our new Alt GSR, commencing January, 2025. These guys are bringing a lot of great energy to our group.
 - ✓ We have one person celebrating a milestone this quarter: Jan B will pick up 26 years Nov. 12.

Please join us!

In Service,

Kristin

- Hello District 8,

My name is Jesseca, I am an alcoholic, GSR for the Sunday Morning Breakfast Meeting held every Sunday Morning at 8:30am Following the Industrial Club Breakfast at the Marion Industrial Club located at 225 35th St in Marion (lower level). We have been averaging 33 alcoholics in attendance, we are a closed Big Book discussion meeting, except for the last Sunday of the month when we are an open meeting, welcoming non alcoholic family and friends to join us.

- ✓ Upcoming Anniversaries/Events:
 - December 29th: Craig O -many many many years
 - January 5th: 47 yr Anniversary FREE BREAKFAST + a chance to win a free Sunday Morning Industrial Club Breakfast for an entire year!!!!

In loving service,

Jesseca Z

- LGBTQ Group Report
 - ✓ Our group celebrated our 8th anniversary on November 13th with Tracy K. as our guest speaker. Tracy did a fantastic job and carried a great message! Thank you, Tracy!! We had a good turnout (20-25), with plenty of fellowship both before and after the meeting. Food was supplied by Kirkwood Catering.
 - ✓ Otherwise, meetings are going well, averaging 8-10 in attendance. We meet at 6:30 on Wednesdays at Kirkwood Community College, in Linn Hall, Rm 1140. Please feel free to join us!

Thank you for the opportunity to be of service,

Emily L.

GSR

Upcoming Events

- Next District Meeting:
 - ✓ December 16, 2024@ 7 PM (Regular Business Meeting)
 - Unity Center of Cedar Rapids
3791 Blairs Ferry Rd NE

Cedar Rapids, IA 52402

- Area 24 Service Weekend
 - ✓ January 11, 2025 @ 9:00 am - January 12, 2025 @ 5:00 pm
 - MACC
 - 709 S Center St.
 - Marshalltown, IA
- 31st Annual Cedar River Round-up:
 - ✓ February 14-16, 2025 at the Radisson Hotel
 - 1200 Collins Rd NE, Cedar Rapids, IA 52402
- Western Central Regional AA Service Conference:
 - ✓ February 28 – March 2, 2025 at the Best Western Downtown
 - 123 West E Street, Casper, Wyoming 82601

Concept XI (Will S.)

Short Form: Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

Long Form: While the Trustees hold final responsibility for A.A.'s world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs, and consultants. Therefore the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs, and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.

Next Meeting: Concept XII (Dave O.)

Short Form: The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.

Long Form: General Warranties of the Conference: in all its proceedings, the General Service Conference shall observe the spirit of the A.A. Tradition, taking great care that the Conference never becomes the seat of perilous wealth or power; that sufficient operating funds, plus an ample reserve, be its prudent financial principle; that none of the Conference Members shall ever be placed in a position of unqualified authority over any of the others; that all important decisions be reached by discussion, vote, and, whenever possible, by substantial unanimity; that no Conference action ever be personally punitive or an incitement to public controversy; that, though the Conference may act for the service of Alcoholics Anonymous, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous which it serves, the Conference itself will always remain democratic in thought and action.

Adjournment

- DCM adjourned the meeting @ approximately 8:06 PM

Greeter(s) for next Month

- JD, Will, Emily L.

Closing

- Closed with the Lord's Prayer

Next District 8 Business Meeting

- Next District Meetings:
 - ✓ December 16, 2024 @ 7 PM (Regular Business Meeting)
 - Unity Center of Cedar Rapids

3791 Blairs Ferry Rd NE
Cedar Rapids, IA 52402