

**Iowa 8th District
Office**

Box 10722
Central Station
Cedar Rapids, Iowa 52410-0722
10163
www.aa-cedarrapids.org
www.aa-cedarrapids.org

Area 24

Box 1291
Des Moines, Iowa 50305
www.aa-iowa.org

General Service

Box 459, Grand
New York, New York
[www.alcoholics-](http://www.alcoholics-anonymous.org)

**DISTRICT 8 MEETING MINUTES
December 16, 2024**

The meeting was called to order @ 7:03 PM by DCM (Kyle T.)

Non-AA / Non-District Announcements

- Several verbal reports given.

The Serenity Prayer

Welcome New GSRs / Alt GSRs

- N/A

The Agenda

- Lynn M. moved to approve the Agenda
 - ✓ Motion seconded by Jeremy M.
 - ✓ Motion adopted

OFFICER REPORTS

Secretary – Todd H (secretary@aa-cedarrapids.org)

Good evening District 8!

I updated the September 2024 meeting minutes to include the first and last names of outgoing and incoming DCM's, Treasurers Literature Officers and Chairs for the changeover at the bank. Please let me know if you find any errors in the previous meeting minutes, need to be added or removed from the District 8 email list. Thank you for allowing me to serve in this capacity!!

Yours in Love and Service,
Todd H (319) 310-2730

- Jess Z. moved to approve the Agenda
 - ✓ Motion seconded by Lynn M.
 - ✓ Motion adopted

Treasurer – Alissa N. (treasurer@aa-cedarrapids.org)

Greetings District 8,
Here is the treasurer's report for December 2024.

Our starting balance for this reporting period was \$1,785.25.

Total debits for the month amounted to \$333.40, which included Answer Iowa for \$240.05, Centurylink for \$51.35, Dreamhost for \$5, Unity Center Dec Rent for \$25, and copies for Tech Chair for \$12.00.

Total deposits for the month amounted to \$620.44 from six group contributions and \$150 contribution from Alanon.

Our ending balance is \$2,222.29.

Our prudent reserve is \$1,500.00, leaving us an available balance of \$722.29. Our literature account has a balance of \$569.62.

28 of 75 Groups in District 8 have contributed to our District fund in FY24.

Basic Text Bridge
to Shore By the
Big Book
Center Point Serenity
Coggon Grace Group Early
Birds Upstairs Zoom Early
Bird Welcome
For Those Who Want It
Friday Night Hope Group Full
Measures
Grinnell Reading from the Big
Book Hillside
Kenwood
Lisbon Wed Night
Marion Friday Night
Marion Midweek AA
Mercy Group
Monday Night Last Call
Mount Vernon Candlelight
Meeting

Neighborly Group
New Beginnings Serenity Seekers
Sunday Morning Breakfast The Way Out
There Is a Solution West Highlands
Women Into Action
Women's Fellowship Club

I am preparing requests with Farmers State Bank to remove all outgoing officers/chairs from bank accounts and adding new officers/chairs. This will be done via email later this month with an effective date of 1/1/2025.

Thank you for the opportunity to serve as the District 8 Treasurer, Amanda L will take over effective 1/1/25.

Please remember to speak to your group about the importance of contributing to our district fund and encourage any possible contribution. If you have any questions, please feel free to speak with me after the meeting.

Thank you for the opportunity to be of service,

Alissa N

District 8 Treasurer

- Didn't catch who moved to approve Treasurer's Report
 - ✓ Motion seconded by (missed this one as well)
 - ✓ Motion adopted
 - Please forgive me for missing who made the motion and who provided the second for this motion. – Todd H.

Alternate DCM – Josh H (altdcm@aa-cedarrapids.org)

Hello District 8,

Last month's meeting attendance was 38 total, with 21 Groups represented, and 9 service chairs in attendance.

Everyone please be sure to sign in. The sign in sheet is located on the table with the announcements.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists.

I am forwarding new meeting information to our District Technology Chair so they can keep our meeting list updated on the District 8 website. I am also forwarding all meeting / group change information to the Area 24 Alternate Delegate to keep the Area meeting list updated.

Please take a moment to check the Area 24 website's meeting list, the District 8 website's meeting list, and District 8's printable meeting list for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

I appreciate District 8's willingness to allow me to continue to serve as the AltDCM in spite of my inability to attend multiple meetings. I am also grateful for Kyle's help in navigating my limited availability.

I did see in the minutes from October's meeting that the District wished to have an update on the EIN and non-profit status effort from earlier in the year. In order to establish a non-profit status, we will need to have specific documentation to satisfy state of Iowa requirements. I have examples of those documents from other districts and areas to reference. It is my understanding that this effort will be lead by someone else going forward, as we welcome the new trusted servants. I will be sure to pass the information I have to them to be sure we have all appropriate documentation and a plan for maintaining the documentation ready for implementation. It is my understanding that this district did once have an EIN and non-profit status, but I can find no record of that in any federal or state database, only a bank account record that shows an EIN that is not corroborated elsewhere. We don't want to have to redo this time and time again. I believe this is something that can be passed along with either the AltDCM and/or the Treasurer and it makes most sense to assign it to them. I will work with whomever takes this task to ensure a reasonable motion is made in the coming months.

In Service,

Josh H.
Alternate DCM
District 8
altdcm@aa-cedarrapids.org
402.309.9850

- Sheryl T. moved to approve the Agenda
 - ✓ Motion seconded by Al G.
 - ✓ Motion adopted

DCM – Kyle T (dcm@aa-cedarrapids.org)

Greetings District 8

I reached out to David O. to set up a meeting to discuss his upcoming position as DCM. We will be getting together this Saturday to discuss the transition.

I am missing some information from District Chairs that I need to complete the District 8 Officer and Service Chair Contact List for Area 24. I still need information from Amy
(If you're present please see me after the meeting)

Other than that, I don't have much to report.

I'd like to thank you all for trusting me to moderate the District Meetings for the last two years. It's been a very humbling experience and I'm grateful to have had the opportunity to serve with you all.

In Service,

Kyle Taylor
District 8 DCM
Cell: (319) 651-7765

Email: dcm@aa-cedarrapids.org

COMMITTEE CHAIR REPORTS

Treatment – Jeremy M (treatment@aa-cedarrapids.org)

Gave a verbal report

Tech Chair – Dave G (tech@aa-cedarrapids.org)

Gave verbal report

Public Information – Mark S (pi@aa-cedarrapids.org)

Gave verbal report.

Newsletter – Diane N (newsletter@aa-cedarrapids.org)

The December newsletter was sent out at the end of November. I've passed all digital assets and templates, including the districts email login information to the new newsletter Chair, Amie. She is excited and I trust she'll do a great job! Thank you for allowing me to be of service in this fashion. The last 2 years went so fast!

In Love & Service,
Diane

Literature – Claude M (literature@aa-cedarrapids.org)

Gave verbal report.

Corrections – Al G (corrections@aa-cedarrapids.org)

We still meeting at Anamosa reformatory (Tuesday at 4:00pm). Every other week till further notice Requirement are: You have to do a 90 minute training at prison and prea yearly to attend meetings. They will notify you with a letter about training. You will need to notify Alan Garlow at (319)202-8321 to get on a list at the time. You can call Alan Garlow at (319)202-8321 for application or send a message to amy.christianson@iowa.gov to requests an application via hyper link by email.

All good with all places and will meet with Wes next month to make sure he has all places he need to visit.

Thank you for letting me serve the district and been a honor.

Yours in service;

Alan Garlow (district 8 correctional chair.)

Grapevine – Jean R (grapevine@aa-cedarrapids.org)

The AA Grapevine Half-Hour Variety Hour has exceeded 1 million downloads.

New episode every week.

www.aagrapevine.org/podcast

Visit the Archive to read—or listen to—thousands of stories from Grapevine dating back to 1944.

aagrapevine.org/archive

Looking for some holiday gifts for your AA friends?
Check out the 2025 Calendar, pocket planner and books at:
<https://www.aagrapevine.org/store>

Remember that there's free shipping until the end of this month on purchases.



Merry Christmas and happy New Year 🍷

Thank you for the opportunity to serve District 8 as your Grapevine Chair for the past two years.

Jean R.

Cooperation with the Professional Community – Jeff B (cpc@aa-cedarrapids.org)

Gave verbal report

Archives – Lynn M (archives@aa-cedarrapids.org)

Hello Everyone in Service!!

1) Group History forms available tonight. Archive documents and info available at aa-cedarrapids.org.

Thank you for supporting District 8 Archives and giving me the opportunity to serve!! I had a blast!!

Thank you for your attention!!

In Love and Service, Lynn M.
319-431-4855
archives@cedarrapids-aa.org
lynnm1988@gmail.com.

UNFINISHED BUSINESS

N/A

NEW BUSINESS

N/A

GROUP REPORTS

- Several groups gave verbal reports
- LGBTQ Group Report

✓ Greetings,

Things are going well, with attendance fluctuating a little, but we were back up to 10 last week. At the meeting last week we had one member celebrating 6 months, and two celebrating 13 yrs. We meet Wednesdays evenings at 6:30, at Kirkwood Community College, Rm. 1140 in Linn Hall. Please feel free to join us!

Thanks for the opportunity to be of service!

Emily L.

GSR

emilylennox17@gmail.com

- Sunday Morning Breakfast Meeting
- ✓ Hey Everyone,

Jessica Z, GSR for the Sunday Morning Breakfast Meeting. We meet Sundays at 830 am in the basement of the Industrial club in Marion.

Upcoming Anniversaries -

December 29th Craig O - 29 years

January 7th Michelle C - 8 years

January 13th Jessca Z - 6 years

January 21st Carlie S - 7 years

January 28th Kurt B - 42 years

Don't forget to mark your calendars, January 5th, the first Sunday in January, we will be celebrating 47 years of the Sunday morning breakfast meeting!! We will be hosting a free breakfast along with a drawing! Someone will win free breakfast every Sunday morning for a year. Spread the word and come celebrate with us or join us any Sunday morning! The January 5th meeting will be an open meeting!

In love and service.

Jessca Z

Kenwood Group

✓ Hello!

My name is Kristin and I am an alcoholic. I am the GSR for Kenwood Group. We meet Tuesday nights at 8pm at Kenwood Church. We hold our business meetings quarterly with our next meeting being Tuesday, January 28, 2025, beginning at 7 pm at Kenwood Church.

Kenwood Group raffles A.A.-approved literature the last Tuesday of every month. And shares are called from the raffle numbers.

Like the others, my two years of service are coming to an end. As reported previously, Mike Z will be our new GSR and Matt R our new Alt GSR.

Please join us!

In Service,

Kristin

Kristin E. Hendricks

kehendricks4@gmail.com

504.390.8280

Basic Text Group

✓ My name is Kayla R. and I am the GSR for the Basic Text group that meets every Thursday at Grace Episcopal church at 6pm. That includes holidays that fall on a Thursday as well. This is an open meeting. Bryan S. Is our alternate GSR. Upcoming chip anniversaries include Kelly F with 27 years or 9855 days. Basic Text will be having their annual anniversary party in February 2025. Basic Text is legal...21 years old!!! Date, time, food and speaker TBD and a flyer will come out shortly.

Thank you,

Kayla Robertson 🍷

Upcoming Events

Next District Meeting:

✓ January 20, 2024@ 7 PM (Regular Business Meeting)

- Unity Center of Cedar Rapids
3791 Blairs Ferry Rd NE

Cedar Rapids, IA 52402

- Area 24 Service Weekend
 - ✓ January 11, 2025 @ 9:00 am - January 12, 2025 @ 5:00 pm
 - MACC
 - 709 S Center St.
 - Marshalltown, IA
- 31st Annual Cedar River Round-up:
 - ✓ February 14-16, 2025 at the Radisson Hotel
 - 1200 Collins Rd NE, Cedar Rapids, IA 52402
- Western Central Regional AA Service Conference:
 - ✓ February 28 – March 2, 2025 at the Best Western Downtown
 - 123 West E Street, Casper, Wyoming 82601

Concept XII (Dave O.)

Short Form: The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.

Long Form: General Warranties of the Conference: in all its proceedings, the General Service Conference shall observe the spirit of the A.A. Tradition, taking great care that the Conference never becomes the seat of perilous wealth or power; that sufficient operating funds, plus an ample reserve, be its prudent financial principle; that none of the Conference Members shall ever be placed in a position of unqualified authority over any of the others; that all important decisions be reached by discussion, vote, and, whenever possible, by substantial unanimity; that no Conference action ever be personally punitive or an incitement to public controversy; that, though the Conference may act for the service of Alcoholics Anonymous, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous which it serves, the Conference itself will always remain democratic in thought and action.

Next Meeting: Tradition I (Kyle T.)

Short Form: Our common welfare should come first; personal recovery depends upon A.A. unity.

Long Form: Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.

Adjournment

- DCM adjourned the meeting @ approximately 7:48 PM

Greeter(s) for next Month

- Dewayne and Will

Closing

- Closed with the Lord's Prayer

Next District 8 Business Meeting

- Next District Meetings:
 - ✓ January 20, 2024 @ 7 PM (Regular Business Meeting)
 - Unity Center of Cedar Rapids
 - 3791 Blairs Ferry Rd NE
 - Cedar Rapids, IA 52402