

Bridging the Gap



A.A. VOLUNTEERS SERVING YOU

WHAT THE PATIENT NEEDS TO KNOW

ALCOHOLICS ANONYMOUS is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A. A. membership; we are self-supporting through our own contributions.

A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help others alcoholics to achieve sobriety.

How we can help.

Part of Bridging the Gap between a treatment program and A.A. is this temporary contact program, which is designed to help the alcoholic in a treatment program make that transition.

One of the most "slippery" places in the journey to sobriety is between the door of the facility and the nearest A.A. group or meeting. Some of us can tell you that even though we had heard of or visited A.A. while in treatment, we had difficulty attending a meeting outside, on our own.

A.A. experience suggests that attending regular meetings regularly, is critical. In order to bridge the gap, A.A. members have volunteered to be temporary contacts and introduce newcomers to Alcoholics Anonymous in their home town.

Your Bridging the Gap contact is temporary only. They are there to support you, answer questions and explain the A.A. program of recovery. They will not provide housing, food, clothing, jobs, money or such other services.

Your temporary contact will take you to A.A. meetings; introduce you to other A.A. members in your area; help you get phone numbers and share their experience of sponsorship and a home group.

Bridging The Gap - Contact Request

Name _____

Address (discharging to) _____

City _____ State _____ Zip _____

Phone Number _____ Alternate Phone # _____

Gender _____ Age _____ Discharge Date _____